



To all Staff & Students: Can you believe it is here!!! The warm weather!! How exciting!!! Happy Cinco De Mayo Day!!!

Central High School Lunch Menu

Week of May 1-5

A full student meal includes choice of ONE entrée, TWO vegetable and/or fruit sides and milk

ALL STUDENTS MAY EAT ONE FREE BREAKFAST & ONE FREE LUNCH DAILY

This institution is an equal opportunity provider and employer

All menus subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Today's Special	Chicken Chips Double Cheeseburger Chicken Patty Chicken Spinach Flatbread	Chicken cheese Quesadilla Hot Dog Chicken Spinach Flatbread	Apple Cinnamon French Toast w/ Scr. eggs Chicken Drumsticks Chicken Spinach Flatbread	Popcorn Chicken Mini Corn Dogs Cheeseburger Chicken Spinach Flatbread	Fish sandwich Pasta Bar Sloppy Joe Chicken Spinach Flatbread
Italian	Central cheese sticks W/marinara sauce Ham and Pineapple or Pepperoni Pizza	Central cheese sticks W/marinara sauce Buffalo Chicken or Pepperoni Pizza	Central cheese sticks W/marinara sauce Taco Pizza or Pepperoni Pizza	Central cheese sticks w/ marinara sauce Pepperoni Pizza or Deluxe Pizza	Central cheese sticks w/marinara sauce Domino's Pizza Pepperoni Or Cheese
Fresh Made Deli	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Meatball Sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Meatball sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Meatball sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings. Meatball sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Meatball sub
Garden Spot	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!
South of the Border	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings

** Fresh vegetable offerings may include: romaine lettuce, tomatoes, broccoli, red peppers, cauliflower, carrots, celery, cucumbers, lentil salad and hummus**

BREAKFAST IS SERVED EVERY MORNING

All Students may have one free breakfast daily



To all Students and Staff: Stop down on Wednesday to grab one of our crispy and crunchy drumsticks!!! Mr. Marciniak's favorite!

Central High School Lunch Menu

Week of May 8-12

A full student meal includes choice of ONE entrée, TWO vegetable and/or fruit sides and milk

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All menus subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Today's Special	Chicken Chips BBQ Chicken Flatbread Cheeseburger	Chicken Tenders Hot Dog BBQ Chicken Flatbread	Chicken Drumsticks Cheesy Bread BBQ Chicken Flatbread	Mac and Cheese Cheeseburger BBQ Chicken Flatbread	Pasta Bar Corn dogs on a stick Popcorn chicken BBQ Chicken Flatbread
Italian	Central cheese sticks w/ marinara sauce Cheese Pizza or Ham & pineapple	Central cheese sticks W/marinara sauce Buffalo Chicken Or Pepperoni Pizza	Central cheese sticks W/marinara sauce Taco Pizza or Buffalo Chicken Pizza	Central cheese sticks w/ marinara sauce Pepperoni Pizza or Deluxe Pizza	Central cheese sticks w/ marinara sauce Domino's Pepperoni Pizza or Cheese Pizza
Fresh Made Deli	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Chicken Parmesan sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Chicken Parmesan sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Chicken Parmesan sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Chicken Parmesan sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings Chicken Parmesan sub
Garden Spot	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!
South of the Border	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings

** Fresh vegetable offerings may include: romaine lettuce, tomatoes, broccoli, red peppers, cauliflower, carrots, celery, cucumbers, lentil salad and hummus**

BREAKFAST IS SERVED EVERY MORNING

All Students may have one free breakfast daily



To all Students and Staff: We are trying our new flatbread this week.. Pepperoni, ham, mozzarella cheese and marinara! Yummy!!!

Central High School Lunch Menu

Week of May 15-19

A full student meal includes choice of ONE entrée, TWO vegetable and/or fruit sides and milk

ALL STUDENTS MAY EAT ONE FREE BREAKFAST & ONE FREE LUNCH DAILY

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All menus subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Today's Special	Chicken Chips Dbl. Cheese burger Lasagna w/garlic toast Pizza Flatbread	Spaghetti w/ Meat sauce & Garlic Toast Hot Dog Pizza Flatbread	Chicken Drumsticks Pepperoni and Cheese Calzone Pizza Flatbread	Turkey Gravy Popcorn Chicken Pizza Flatbread Mini corn dogs	Chicken Quesadilla Pasta Bar Fish sandwich Pizza Flatbread
Italian	Central cheese sticks W/marinara sauce Buffalo Chicken OR Pepperoni Pizza	Central cheese sticks W/marinara sauce Buffalo Chicken OR Pepperoni Pizza	Central cheese sticks w/ marinara sauce Pepperoni Pizza OR Buffalo Chicken	Central cheese sticks w/ marinara sauce Pepperoni Pizza OR Deluxe Pizza	Central cheese sticks w/marinara sauce Domino's Pizza Pepperoni OR Cheese
Fresh Made Deli	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings New Hot Steak Philly Sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings New Hot Steak Philly Sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings New Hot Steak Philly sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings New Hot Steak Philly sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings New Hot Steak Philly Sub
Garden Spot	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!
South of the Border	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings

** Fresh vegetable offerings may include: romaine lettuce, tomatoes, broccoli, red peppers, cauliflower, carrots, celery, cucumbers, lentil salad and hummus**

BREAKFAST IS SERVED EVERY MORNING

All Students may have one free breakfast daily



To all Students and Staff: Don't forget about no school on Friday!! Woohoo!!

Central High School Lunch Menu

Week of May22-26

A full student meal includes choice of ONE entrée, TWO vegetable and/or fruit sides and milk

ALL STUDENTS MAY EAT ONE FREE BREAKFAST & ONE FREE LUNCH DAILY

This institution is an equal opportunity provider and employer

All menus subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Today's Special	Chicken Chips Philly Steak Flatbread Dbl. Cheeseburger Mini Corn dogs	Teriyaki Beef Dippers Hot Dog Philly Steak Flatbread Chicken sandwich Mac and Cheese	Two mini cheeseburgers Chicken Drumsticks Philly Steak Flatbread	Popcorn Chicken Spaghetti w/ Meat sauce Philly Steak Flatbread	No School!
Italian	Central cheese sticks W/marinara sauce Cheese Pizza OR Ham & Pine apple	Central cheese sticks W/marinara sauce Buffalo Chicken OR Pepperoni Pizza	Central cheese sticks w/ marinara sauce Cheese Pizza OR Buffalo Chicken	Central cheese sticks w/ marinara sauce Pepperoni Pizza OR Deluxe Pizza	
Fresh Made Deli	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings BBQ Chicken and Cheddar Sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings BBQ Chicken and Cheddar Sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings BBQ Chicken and Cheddar Sub	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings BBQ Chicken and Cheddar Sub	
Garden Spot	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	
South of the Border	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	

** Fresh vegetable offerings may include: romaine lettuce, tomatoes, broccoli, red peppers, cauliflower, carrots, celery, cucumbers, lentil salad and hummus**

BREAKFAST IS SERVED EVERY MORNING

All Students may have one free breakfast daily



To all Students and Staff: Hoping you all had a fabulous Memorial weekend and spent time with family and friends!

Central High School Lunch Menu

Week of May 29-31

A full student meal includes choice of ONE entrée, TWO vegetable and/or fruit sides and milk

ALL STUDENTS MAY EAT ONE FREE BREAKFAST & ONE FREE LUNCH DAILY

This institution is an equal opportunity provider and employer

All menus subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Today's Special	No School!!!	Chicken and cheese Quesadilla Hot Dog Dbl. Cheese burger	Cinnamon French toast w/ scram eggs Chicken Drumsticks Mini corn dogs		
Italian		Central cheese sticks W/marinara sauce Buffalo Chicken OR Pepperoni Pizza	Central cheese sticks w/ marinara sauce Cheese Pizza OR Buffalo Chicken		
Fresh Made Deli		<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings	<u>OFFERED DAILY</u> Daily Made to Order Subs & Wraps Your choice of meats, cheeses and fresh veggie toppings		
Garden Spot		<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!	<u>OFFERED DAILY</u> Selection of premade salads for your convenience to just Grab & Go!		
South of the Border		<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings	<u>OFFERED DAILY</u> Make your own Nachos Start with whole grain nacho chips, seasoned ground beef and add your choice of toppings		

** Fresh vegetable offerings may include: romaine lettuce, tomatoes, broccoli, red peppers, cauliflower, carrots, celery, cucumbers, lentil salad and hummus**

BREAKFAST IS SERVED EVERY MORNING

All Students may have one free breakfast daily